



ADVANCED SPORTS COACHING FREQUENTLY ASKED QUESTIONS



What qualification will I be working towards?

Qualification Title NCFE Level 3 Diploma in Sport (Sports Coaching) - 601/3059/3/COA.

Awarding Body NCFE.

Guided Learning hours (GLH) 360hrs.

Total Qualification Time (TQT) 600hrs.



Where will I be studying?

SSG Training Hub is based within the grounds of the UOB Alexander Sports Centre, Bedford, MK40

The facilities are serviced by several bus routes in and out of Bedford and is situated less than 10 minutes walk from the train station and town centre.

The facility includes an 8 Badminton Court Sport Hall, maintained football pitches, gravelled multi-use area and seminar rooms where ICT equipment, Wi-Fi and resources are based.



How much will it cost?

SSG Training will work with yourself to assess your eligibility of accessing governmental funding as a support to your programme fees.

16 - 18yrs - Free with SSG Training (dependant on funding regulations being met).

19 - 24yrs - £1750.00*.

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***19 - 24yr old Government Funding Grant** is available to individuals who successfully meet application criteria - [click here](#).

How will I be assessed?

Your assessment will vary depending on your initial assessments and how you feel most confident and able to demonstrate your retention of knowledge. If you prefer to write, speak or demonstrate, your tutor will extract this is an industry focused and 'real world of work' method.

Each unit will contain **Assignments Briefs** which will contain guidance and tasks to support the submission of sufficient evidence; this will include deadline dates, declaration of ownership, **tips and pointers** and specific guidance.

Assessments of both practical performance and knowledge and understanding will be required in this programme.

No exams are in the programme unless functional skills qualifications are required.



What will I be studying?

The following 6 units of study will be delivered across the duration of your programme working from the current Awarding Body's specifications. All units will include practical participation, delivery and theory elements and assessment;

- Exercise, Health and Lifestyle (K/505/8297).
- Sports Coaching (L/505/8289).
- Assessing Risk in Sport (A/505/8255).
- Practical Team Sports (Y/502/5621).
- Instructing Physical Activity and Exercise (Y/505/8277).
- Work Experience in Sport (T/506/1672).



What can I expect from my tutor?

Your tutor will be your main contact at SSG for all elements included in your programme. Any support needs, queries advice or guidance you may need throughout your journey with us on this course will centralise from your tutor. You will have access to your tutor through scheduled 1:1 meeting, group tutorials, email and social media access. The tutors also have work mobile phones allowing you to message and call them when needed. This ongoing support also demonstrates itself it through high expectations and standards both on programme and socially, helping you gain as much work ready preparation as possible.

What help is available if I think I need some extra support?

Your tutor will be the main point of contact. They will be able to support you in many ways from careers advice, to learning support, from help with assessments to advice on things outside of **SSG**. The tutor will also be able to sign post you to organisations and affiliations who will be able to continue any specialist support you may need at the time. You will have access to support throughout the course, but it will be most beneficial to you if you share details and/or concerns at the start of the programme.

SSG will provide guidance and support in contacting the employing organisations that your career path will encounter.

What do I need to have/be to get on to this programme?

You will need to be able to prove you have the ability in you to complete the qualifications. This evidence usually comes in the form of previous successes e.g Qualification certificates, but it will also be judged against initial assessment results, attitude and desire to achieve the programme.

- 5 GCSEs or equivalent qualification (A*-D or 9-3). Maths and English are an essential two of the five qualifications.

Or

- Level 2 Certificate/Diploma in Sport or Active Leisure. Equivalent level qualifications considered if accompanied with experience in the sports/coaching industry.



What could be my next step after this programme?

- Higher Apprenticeships Or Further Education (not currently at SSG).
- Foundation Degree (Sports Coaching).
- Higher Education (dependant on UCAS points achieved).
- Employment in the Sports Industry.



What will my weekly time table look like?

It will depend on the access to facilities, tutors and employers, but **SSG Training** will set you a time table very similar to industry. So expectation is to be available for this programme between 09:00 -18:00 Monday to Friday in order to meet the allocated hours to complete this intensive qualification.

For this programme your time table will consist of:

- **25 hours** per week for 24 wks.
- Start date for programme 1 is w/c **11/09/2017**.
- End date for programme 1 is w/c **23/04/2018**.

Will I get holidays like school/college?

Short answer is no. You will however get a break in learning if your programme falls on the Christmas break, which this one does. You will break w/c **11/12/17** and return w/c **15/01/18**. The reason for this is simple, while people in similar positions as yourself, but in other educational settings are sat on the sofa in 'half terms' you will be increasing your knowledge and ability, leaving you not one, but two steps ahead of them, qualified, experienced in interviewing for your next career step while they are still in learning.



Will I need any specialist equipment/clothing?

You will be provided with a specific programme outer layer (hooded jumper) which is to be worn as uniform along with industry specific clothing as per policy.

This programme requires:

Black or blue tracksuit bottoms.

Black or blue shorts.

Appropriate plain t-shirt/polo shirt/ jumper (no sports team shirts).

Suitable trainers (no open toe, high heeled or black soled footwear).

(You will have the opportunity to purchase logoed sports kit from SSG Training (online) if you desire).

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